

# Windsor Farm

## Cardamom Pods 500g WF

**Product ID:**

CARD013-0500

**Product Name:**

Cardamom Pods 500g WF

**Country of Origin:**

Guatemala

**Description:**

The immature, good quality seeds of the fruit pod Elettaria cardamom. This product must comply with all relevant regulatory requirements.

**Intended Use:**

Food supplied as an ingredient for use in further manufacturing or processing

**Ingredient Listing:**

Cardamom Pods

**Pack Size:** 500g

**Net Weight:** 0.5

**Per Pallet:** 480

Product specifications subject to change without notice.

**Nutritional Information: Amount per 100g**

Energy Kj	1,300
Protein	10.8
Total Fat	6.7
Saturated Fat	less than 1
Total Carbohydrate	68.5
Sugar	40.5
Dietry Fibre	
Sodium	18



**QUALITY INGREDIENTS TO THE FOOD INDUSTRY**