

Nuts

Brazil Nuts 1kg

Product ID:

BRAZ040

Product Name:

Brazil Nuts 1kg

Country of Origin:

Brazil / Bolivia

Description:

These Brazil nuts have a rich creamy flavour with a brown coloured skin. They are 20 - 30mm in length and are kept fresh in 1kg resealable bags. They are great sources of energy and are healthy snacks that can be enjoyed anywhere. The natural taste and textures of these nuts make them ideal for breads, cookies and cakes. Brazil nuts are also rich in vitamin E, protein, antioxidants and fibre.

Intended Use:

soups, breads, puddings, brownies, cakes, desserts, decorations, salads, fruit m

Ingredient Listing:

Brazil Nuts

Pack Size:

Net Weight: 1KG

Per Pallet: 480

Product specifications subject to change without notice.

**Nutritional Information: Amount per 100g**

Energy Kj	2,743
Protein	14.3g
Total Fat	66.4g
Saturated Fat	15.1g
Total Carbohydrate	4.8g
Sugar	2.3g
Dietary Fibre	7.5g
Sodium	3mg



QUALITY INGREDIENTS TO THE FOOD INDUSTRY